



CONNECTIONS NEWSLETTER

of

SHENENDEHOWA NEIGHBORS CONNECTING



Members of SNC are vibrant proof that aging is certainly being redefined with the help of SNC. At our **July 19th CDPHP sponsored event**, 26 members enjoyed a delicious breakfast while learning to delve into the SNC website. Guided by Bob Parsons's thorough presentation members practiced on their own devices and learned how to register for SNC programs, set up their own Special Interest groups, communicate with that group and explore website resources.



Our SNC Program Committee is a master at diverse program events that are of interest to our members and the senior community at large. Our 'meet up' **outdoor theatre event** of **July 30th** did not disappoint. Close to 20 members enjoyed the production, "Nice Work If You Can Get It" performed by The Not So Common Players at the Clifton Commons.



The lively musical performance was a fun evening under the stars shared in the company of new and old friends.

The **August 25th Pool party** at Susan Cromer's home was a huge success, bringing members together for fun on a beautiful summer's day.



At our recent **August 30th SNC Board meeting**, **Phil Barrett**, acting in his role as a member of the Saratoga County Board of Supervisors **presented SNC with a check for \$3,000 in ARPA** (American Rescue Plan Act) Funds from the Saratoga County Non-Profit COVID Relief Grant program. This grant, along with an ARPA grant SNC received from the Town of Clifton Park, will be used for a member-bring a member breakfast, promotional gifts and marketing, website maintenance, ZOOM etc. The goal of ARPA funding was to to help not-for-profit organizations to recover from 2 years of lost income from events, fundraisers, and membership drives that were canceled because of COVID. **Our sincere appreciation and thanks to the Town of Clifton Park and Saratoga County for their support of SNC.**

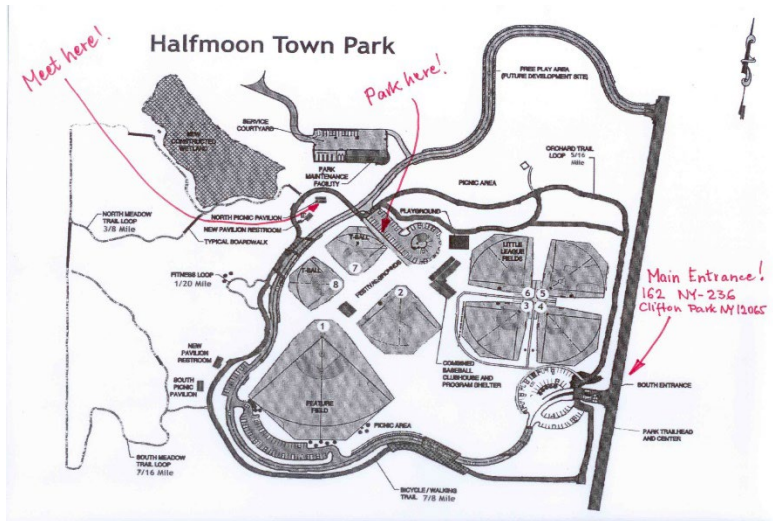


At the **September 5th Pot Luck** at Katie and Allan Anderson's home Allan proudly displayed his remarkable model trains while all enjoyed tasty foods and conversation.



Results of the SNC best definition survey are in. Although all the definitions were good, one definition, choice C, was the clear winner!

Shenendehowa Neighbors Connecting gives older adults the opportunity to form friendships, enjoy a rich and independent lifestyle, and build supportive community connections that help them age successfully at home. This definition will be used in our outreach to the community.



Upcoming Programs: September 13th Trail Walk at the Town of Halfmoon Park. Meet at the North Picnic Pavilion at 11:00 a.m. and take an enjoyable 35 minute walk with Katie Anderson of SNC on a wide trail composed of 2 short connected trail loops. Bring your own lunch. Rain date is September 20th. Registration is recommended. <https://snc.clubexpress.com/>

An Evening with Dr. Benita Zahn, September 14th 2022, 5:30 p.m.-7:30 p.m. at Christ Community Reformed Church, 1010 Route 146, Clifton Park, NY 12065. Dr. Zahn's program, **B your Best**, focuses on finding the motivation within each client to create a healthier lifestyle, and then crafting a plan to move forward toward these goals. A former Emmy award-winning journalist and news anchor at WNYT News Channel 13 for over forty years, Dr. Zahn left the media industry to pursue her dream of becoming a certified health coach. Please be sure to reserve your spot today as space is limited and this free event is open to the public. Register at

<https://captaincares.org/care-links/care-links.html>

Creating a blueprint for your health by learning new skills leading to sustainable behavior change and achievement of your goals.

Wednesday, September 14, 2022 | 5:30pm
Christ Community Reformed Church
1010 Route 146, Clifton Park, NY 12065

All are welcome to attend!

Register by emailing terra@captaincares.org

For more information,
call 518-399-3262 or visit
captaincares.org/care-links



October 6, 1 p.m.-3p.m. Member Bring-A Potential Member event at Riverview Orchard, 660

Riverview Road, Rexford, NY 12148. Isabel Prescott, the orchards' owner, will give us a short presentation on the observation beehive and on life in the past (farming and one-room schools). Cider and donuts will be served. This is a FREE event but you must **register by September 29th on the SNC website:**

<https://snc.clubexpress.com/>

October 19th Boscov's Fund Raiser (Friends Helping Friends): Passes for the fundraiser which will be an in-store event are \$5.00 and this money goes directly to SNC. The pass is worth 25% off the lowest sale price on all items purchased that day. Passes may be obtained from SNC Board members. The store opens at 8 a.m. that day for the sale.



Look forward to hearing more about these upcoming events:

November 9, 2022 1:00 p.m.-2 p.m. at Grooms Tavern there will be a presentation on **“Prehistoric History of Clifton Park”** which will include the influence of Native Americans in our area.

December 18, 2022 Join us for traditional carols “The Many Moods of Christmas” with the **Concert Chorus and Orchestra Albany Pro Musica** at the Troy Music Hall . We will follow this event with dinner at McGreivey's Restaurant in Waterford.