



CONNECTIONS NEWSLETTER

of

SHENENDEHOWA NEIGHBORS CONNECTING

Shenendehowa Neighbors Connecting gives older adults the opportunity to form friendships, enjoy a rich and independent lifestyle, and build supportive community connections that help them age successfully at home.



Our recent calendar of events supports SNC's newest definition seen above which describes our outreach to the senior community. We greeted Autumn with the energetic Dr. Benita Zahn whose program on September 14th "Be Your Best with Coach Benita" played to an audience of over 100 interested individuals who delighted in her humor and interactive style. This program was presented by Care Links, SNC's partner in serving local seniors. Our president, Nancy Varley surprised Marilou Pries, the

official spokesperson for Care Receivers of Care Links with a bouquet of flowers.



Following the program healthy snacks were enjoyed while chatting with sponsors. Care Links volunteers received a complimentary membership to SNC for the remainder of 2022.



October 6th SNC members brought potential members to an informative visit at Riverview Orchards. Isabel Prescott, owner, spoke about the beginning days not only of the Orchard but of Clifton Park which was formed by combining several small hamlets or villages in the area. Ms. Prescott shared stories of life in our predominantly farming community of that time. The group was served apple cider

and doughnuts provided by SNC while enjoying the beautiful Fall day.



Need a ride or interested in carpooling? If you would like to attend one of our activities but find transportation a concern, please contact Loretta at 518-371-7729 for information.

Upcoming events: November 6, 2022 Festival of Nations Celebration One of our SNC members is offering us discount tickets to the Festival of Nations which is celebrating its 50th anniversary. To purchase tickets at a 20% discount, phone 518-371-3737 and let them know you are an SNC member.

November 9, 2022 1:00 p.m. – 2:00 p.m. Prehistoric History of Clifton Park Fred Stevens, born and raised in Grooms Corners, will present the early development of the present landforms in Clifton Park. Fred will also share what he has uncovered about early people in our area and their artifacts, information he has studied for 70 years. Artifacts include those related to Native Americans who lived around here. His talk will include a slide presentation.



He encourages those attending to bring with them any area artifacts they may have in order to have a “show and tell” moment at the end of his talk.

Fred Stevens is a retired professional engineer who has devoted most of his 22 years of retirement to his lifelong passion of archaeology. This event will be held at the Historic Grooms Tavern, 290 Sugar Hill Road, Rexford, N.Y.

12148. This program is free and open to the public. Register on the website, <https://snc.clubexpress.com/> by November 6, 2022.

December 10, 2022 2:00 p.m. “She Loves Me” at Homemade Theatre, 320 Broadway, Saratoga Springs, N.Y. 12866. A romantic comedy with a case of mistaken identity. Considered by many to be the most charming musical ever written. To reserve tickets call Kim Swire at (518) 383-8422 or via email at kimswire1@gmail.com If we get 15 members going we will get a 10% discount of \$34.00 per ticket.

December 14, 2022 2:00 P.M.-4:30 P.M. Care Links 2 nd Annual Holiday Potluck is being held at Shenendehowa Methodist Church, 971 Route 146, Clifton Park. The Improv Duo, Judi and Steve will perform “So Laughable: The Holiday Show”, a hilarious comedy. To attend, contact Terra via email Terra@captaincares.org or phone (518) 399-3262 and state what dish you will bring to share and who is coming with you. Shenendehowa Neighbors Connecting is a partner with Care Links which offers meaningful volunteer opportunities for individuals to assist local seniors.



December 18, 2022 3:00 P.M. Albany Pro Musica's The Many Moods of Christmas and Dinner at McGreivey's Restaurant. A favorite holiday tradition across the Capital Region, this concert is designed to inspire, celebrate, and unite us in the spirit of the season. The concert will be held at the Troy Savings Bank Music Hall, 30 Second St., Troy N.Y 12180. Join us for traditional carols with the Concert Chorus and Orchestra Pro Musica! Individuals desiring to attend are to obtain their tickets at <https://www.albanypromusica.org/concerts/> or call the Troy Savings Bank Music Hall Box Office at (518) 273-0038. We will follow the concert with dinner at 5:30 p.m. at McGreivey's Irish Pub restaurant 91 Broad St, Waterford. Contact Kim Swire at kimswire1@gmail.com by **November 18th to reserve your spot** for dinner. Dinner will include salad, a choice from a pre-printed menu of 5 entrees, dessert, coffee, tea or soda for \$27.00 which includes the gratuity. You are welcome to reserve a spot for dinner with SNC without attending the Albany Pro Musica Concert.

